



PHYSICAL EDUCATION (048)

DISTRIBUTION OF SYLLABUS – CLASS XII – 2021-2022

TERM - II – Practical – 15 MARKS

	<u>Marks</u>
Project File (Yoga and General Motor Fitness Test)	05 Marks
Demonstration of Fitness Activity/Yoga	05 Marks
Viva Voce (From Project File; General Motor Fitness; Yoga)	05 Marks