



पुर्णा International School

Shree Swaminarayan Gurukul, Zundal

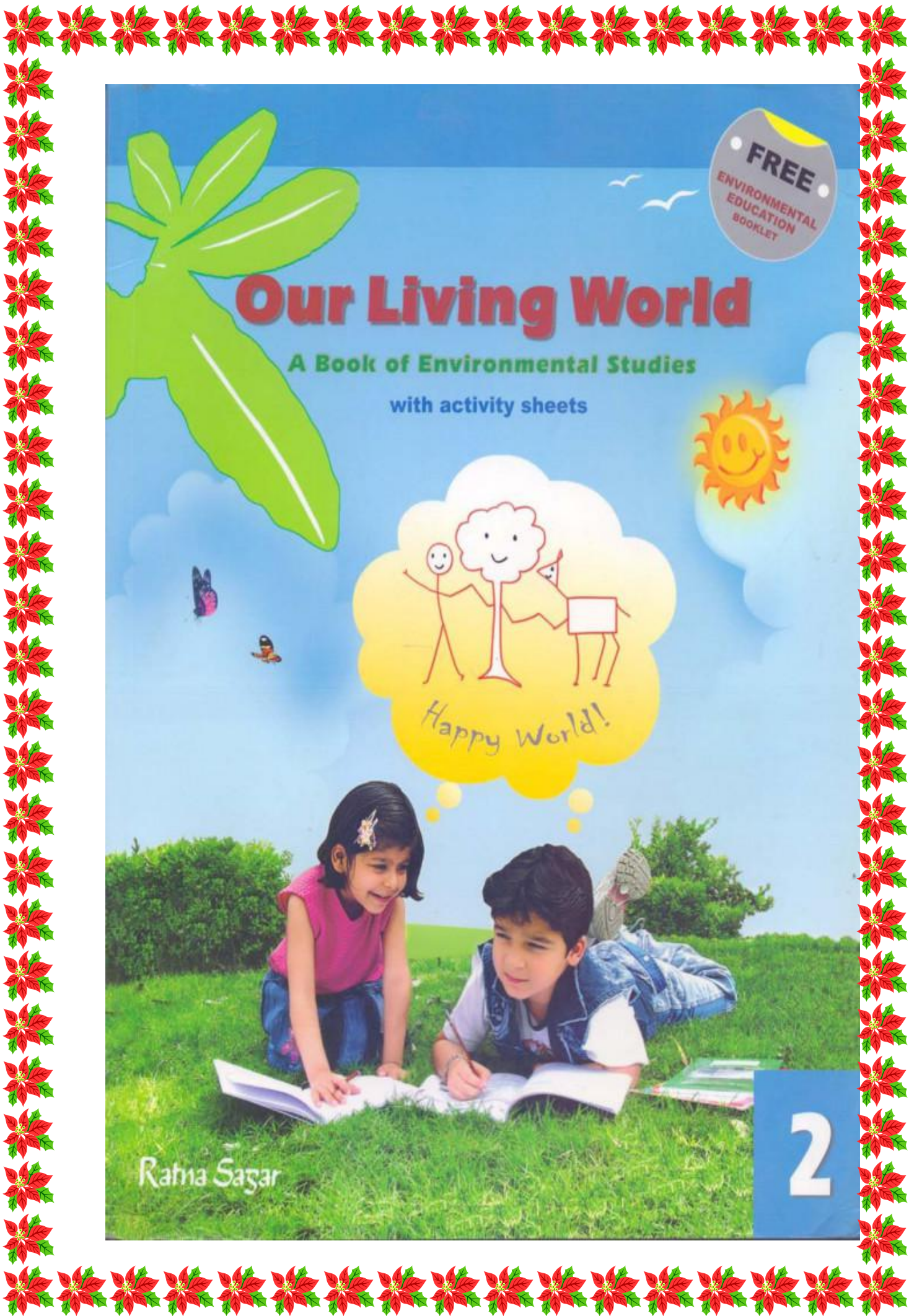
Class -II

EVS

Specimen Copy

Year- 2020-21





FREE
ENVIRONMENTAL
EDUCATION
BOOKLET

Our Living World

A Book of Environmental Studies

with activity sheets



Ratna Sagar

2

CONTENTS



UNIT ONE

1. I Love Myself 3
2. Our Wonderful Body 5
3. Growing Older 9

Activity Sheet 1 11



UNIT TWO

4. Clothes for Us 12
5. Food for Us 16
6. Tools We Use 20
7. Healthy Habits 22

Activity Sheet 2 24



UNIT THREE

8. Our Family 25
9. A House to Live in 27
10. I Love Festivals 32
11. Having Fun 37

Activity Sheet 3 40



UNIT FOUR

12. My Neighbourhood 41
13. My School 46
14. Kinds of Work 48
15. Plants: Our Friends 50
16. Animals: Our Friends 56

Activity Sheet 4 61



UNIT FIVE

17. How We Travel 62
18. Safety Habits 66

Activity Sheet 5 70



UNIT SIX

19. Our Earth 71
20. Seasons 75

Activity Sheet 6 79

Test Paper 80

Chapter - 1

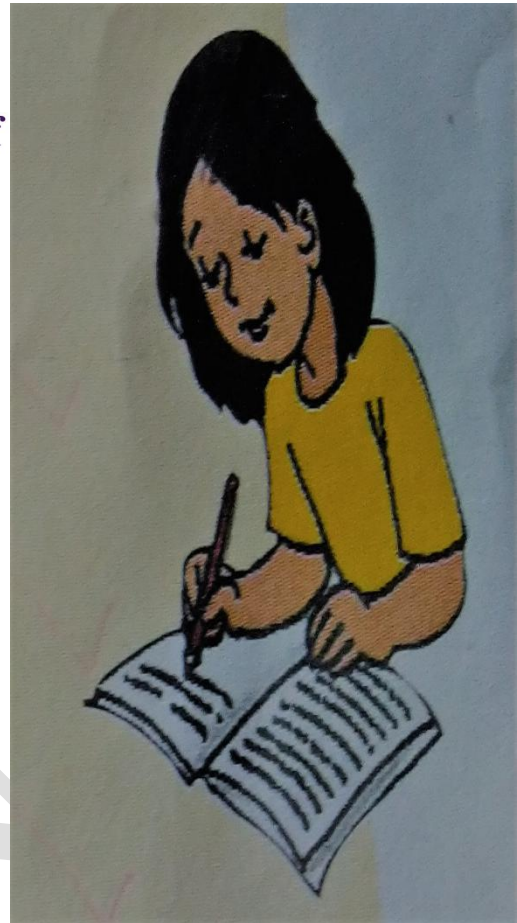
I Love Myself

* New Words:-

- 1- Right
- 2- Short
- 3- Long
- 4- Left
- 5- Climb
- 6- Bicycle
- 7- Shoelaces
- 8- Hobby
- 9- Study
- 10- Thumb
- 11- Print
- 12- Count

* Write 5 -6 sentences on Myself:-

- 1- My name is _____.
- 2- I am a Girl / Boy.
- 3- I study in class II.
- 4- My father's name is _____.
- 5- My mother's name is _____.
- 6- My hobby is _____.
- 7- The name of my school is Puna International School Gurukul.



* **Fill in the blanks:-**

1- I wear clean clothes.

2- I like dancing.

3- I polish my shoes.

4- I have black eyes.

5- I like reading books.

6- I play cricket.

* **Activity:- Draw or stick your favourite food.**

Healthy FOOD

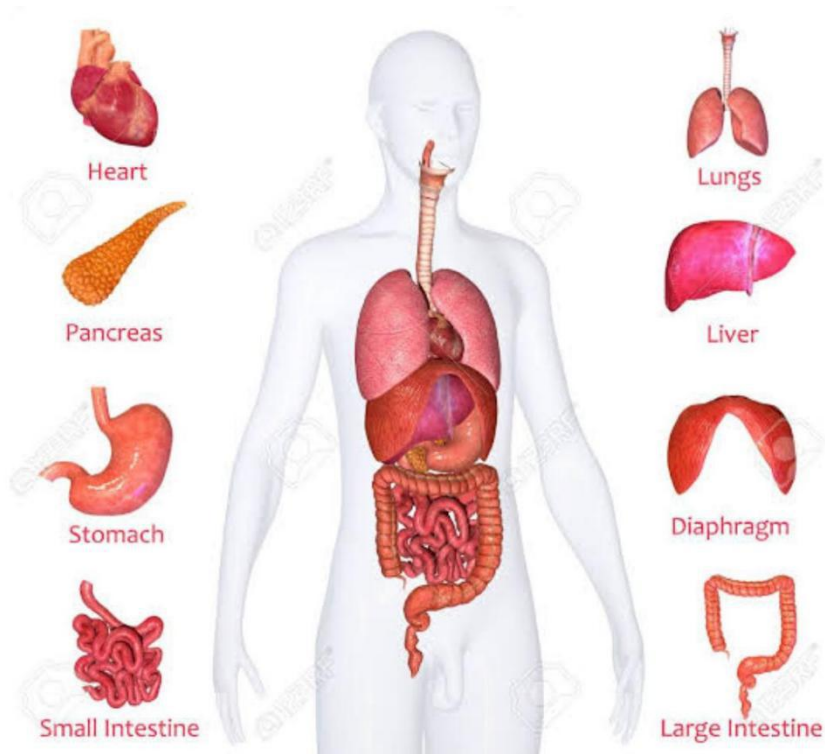


Chap - 2

Our Wonderful Body

* New Words

- 1-Brain
- 2-Internal
- 3-External
- 4-Organs
- 5-Heart
- 6-Stomach
- 7-Breath
- 8-Machine
- 9-Lungs
- 10-Pumps
- 11-Stethoscope
- 12-Tongue

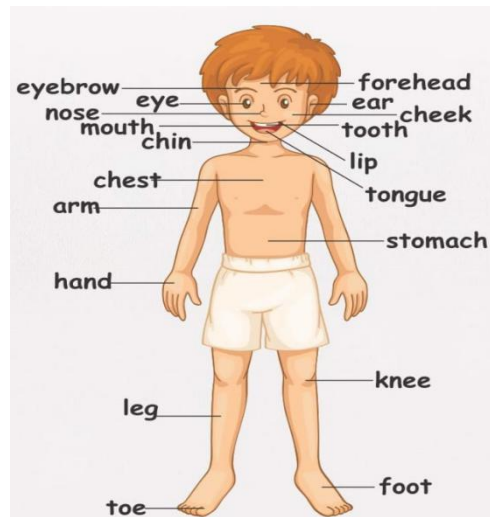


* Put [√] for correct and [x] for incorrect statements:-

- 1- Our brain helps us to think. [√]
- 2- The food we eat goes to my lungs. [x]
- 3- My heart pumps blood to all parts of my body. [√]
- 4- Our tongue helps us to taste. [√]
- 5- Our ears help us to smell. [x]

* Fill in the blanks:-

- 1- I touch with my hands .
- 2- I see with my eyes .
- 3- I smell with my nose .
- 4- I hear with ears .
- 5- I taste with my tongue .



* Answer the following questions.

Ques-1 Write the name of sense organs.

Ans -1 Eye, nose, ear, skin, tongue.

Ques-2 What is the sound of heart?

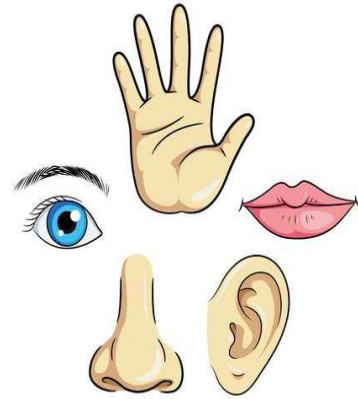
Ans- 2 Lub-dub, lub-dub .

Ques -3 Write the name of external organs.

Ans -3 Head, arms, eyes, legs and tongue.

Ques -4 Write the name of internal organs.

Ans -4 Brain, heart, lungs, stomach.



*Activity:- Trace the outline of your palm and label the fingers as { little finger, ring finger, middle finger, index finger, thumb}.

