



# पुर्णा International School

Shree Swaminarayan Gurukul, Zundal

Class –II

EVS – Syllabus Month Of April

Chapter – 1

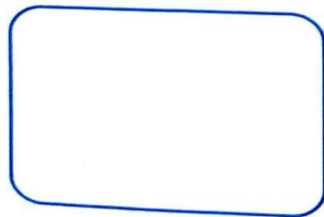
I Love Myself

My name is \_\_\_\_\_

I write with my left / right hand.

The size of my shoes is \_\_\_\_\_

I have long / short hair.



This is my thumbprint.

(Put some ink on your left thumb and press the thumb here.)



Write YES or NO.

I can

climb a tree. \_\_\_\_\_

tie my shoelaces. \_\_\_\_\_

brush my teeth. \_\_\_\_\_

write a poem. \_\_\_\_\_

count up to 100. \_\_\_\_\_

ride a bicycle. \_\_\_\_\_



You are very special. No one in the whole world is exactly like you.



Put a tick  or a cross .

I wear spectacles.

I polish my shoes.

I have black hair.

I like reading books.

I own a pet.

I help clear the table after meals.

I play cricket.

I like dancing.



**My favourite**

tree is \_\_\_\_\_

flower is \_\_\_\_\_

animal is \_\_\_\_\_

book is \_\_\_\_\_

toy is \_\_\_\_\_



**\* New Words:-**

1. Right
2. Short
3. Long
4. Left
5. Climb
6. Bicycle
7. Shoelaces
8. Hobby
9. Study
10. Thumb
11. Print
12. Count

**Write 5 -6 sentences on Myself:-**

- My name is \_\_\_\_\_.
- I am a Girl / Boy.
- I study in class II.
- My father's name is \_\_\_\_\_.
- My mother's name is \_\_\_\_\_.
- My hobby is \_\_\_\_\_.
- The name of my school is Puna International School Gurukul.



**\* Fill in the blanks:-**

1. I wear clean clothes.
2. I like dancing.
3. I polish my shoes.
4. I have black eyes.
5. I like reading books.
6. I play cricket.

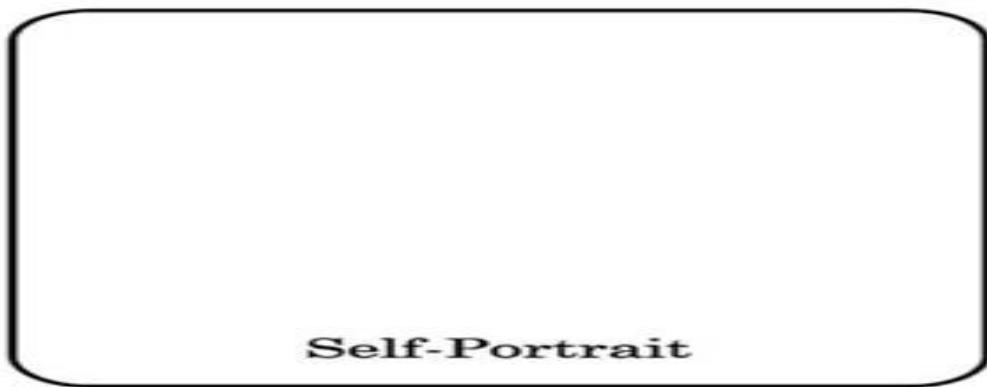
**\* Activity:- Draw or stick your favourite food.**



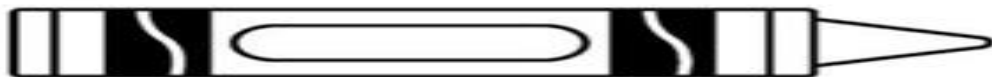
# ALL ABOUT ME

My name is \_\_\_\_\_

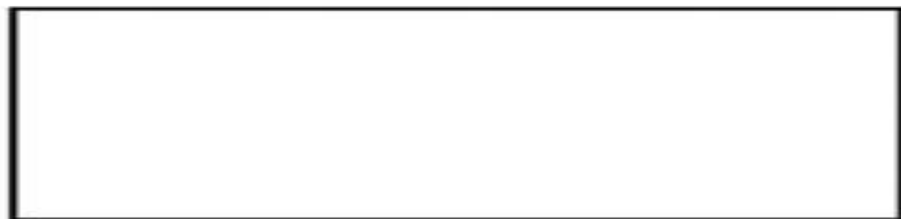
I was born on \_\_\_\_\_



My favorite color:



The flag of my home country:

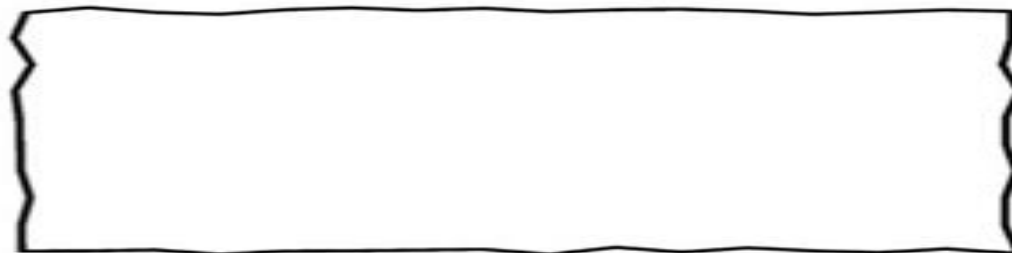


I am \_\_\_\_\_ years old.

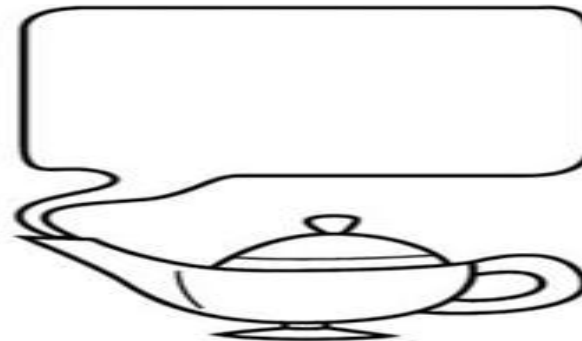
I am \_\_\_\_\_ feet and \_\_\_\_\_ inches tall.

When I grow up I want to be a \_\_\_\_\_

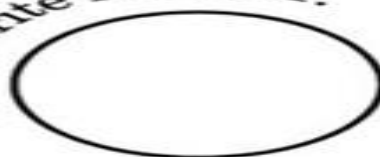
My favorite animal:



If I could make one wish, I would wish for...



My favorite number:



**Write any two of your favourite :**

**Fruits**

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**Flowers**

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**Colours**

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**Stories**

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**Subjects**

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**Pets**

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**Write 'Yes' for the things you can do, or 'No' for the things that you cannot .**

- 1. Writing in the note book**
- 2. Climbing a big tree**
- 3. Polishing your shoes**
- 4. Singing our national anthem**
- 5. Write a poem**
- 6. Count up to 100**
- 7. Ride a bicycle**
- 8. Cleaning your study table**

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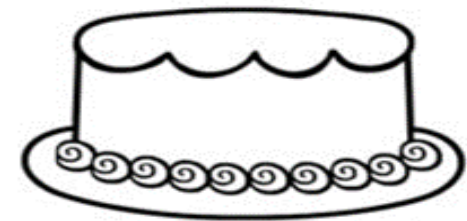
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My birthday is on...



This is the best  
present I ever got!

I am  years old.



# CH – 2 Our Wonderful Body

Our body is a living machine. It has two types of organs—external organs and internal organs.

The parts of our body that we can see are called **external organs**. Some of the external organs are the head, the arms, the legs, the eyes, the ears, the nose and the tongue.

How many more parts of the body can you name? Write the names of at least four of them.

The parts that are inside the body are called **internal organs**. Some of the internal organs are the brain, the heart, the lungs and the stomach.



This is the **brain**. It helps us to think. It also helps us to work.

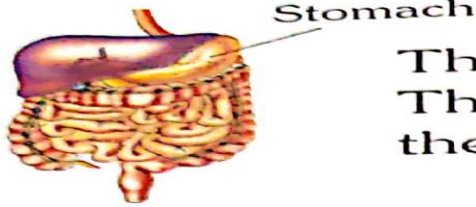
This is the **heart**. It beats with a sound like this—lub-dub, lub-dub. The heart pumps blood to all parts of the body. A doctor uses a stethoscope to listen to the heartbeat.












These are the **lungs**.  
They help us to breathe.  
They fill up with air when we breathe in.



This is the **stomach**. It looks like a bag.  
The food we eat goes to  
the stomach.

## OUR SENSE ORGANS

We have five **sense organs**.

-  Our **eyes** help us to see.
-  Our **nose** helps us to smell.
-  Our **ears** help us to hear.
-  Our **tongue** helps us to taste.
-  Our **skin** helps us to feel hot and cold.

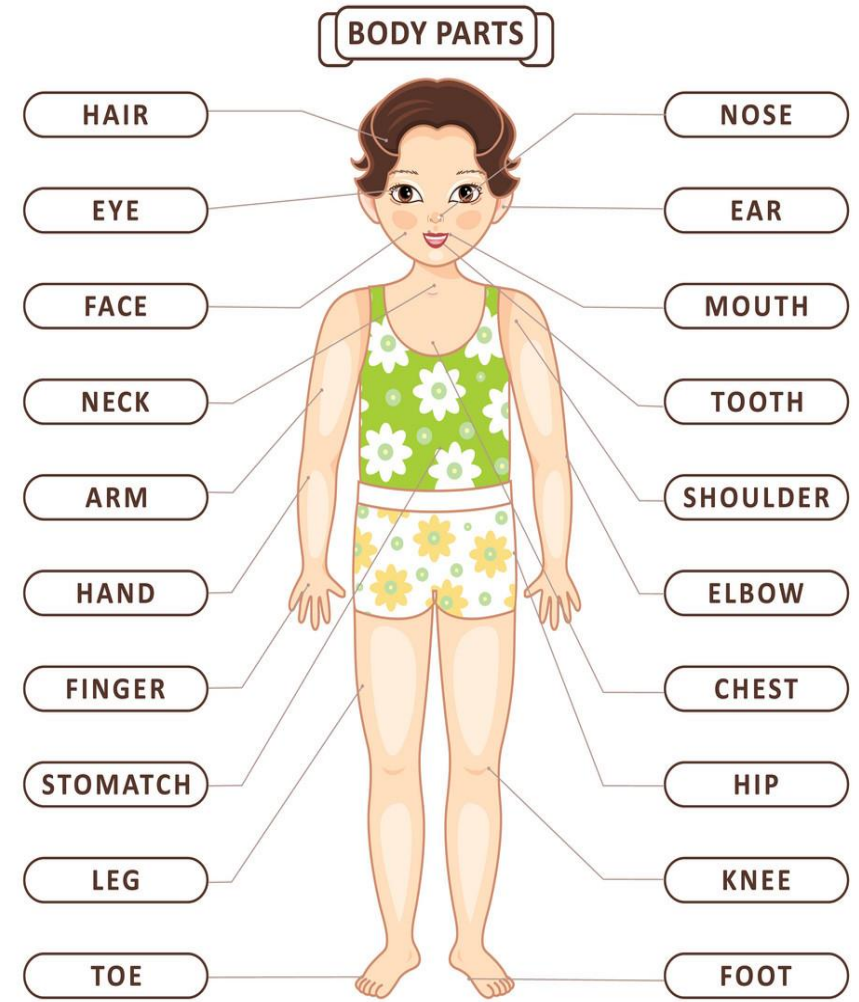


All the organs together help the body to work properly.  
We should take good care of our body. We should keep it clean.  
We need fresh air to breathe, clean water to drink and proper food to eat. We also need exercise. We need to take rest.

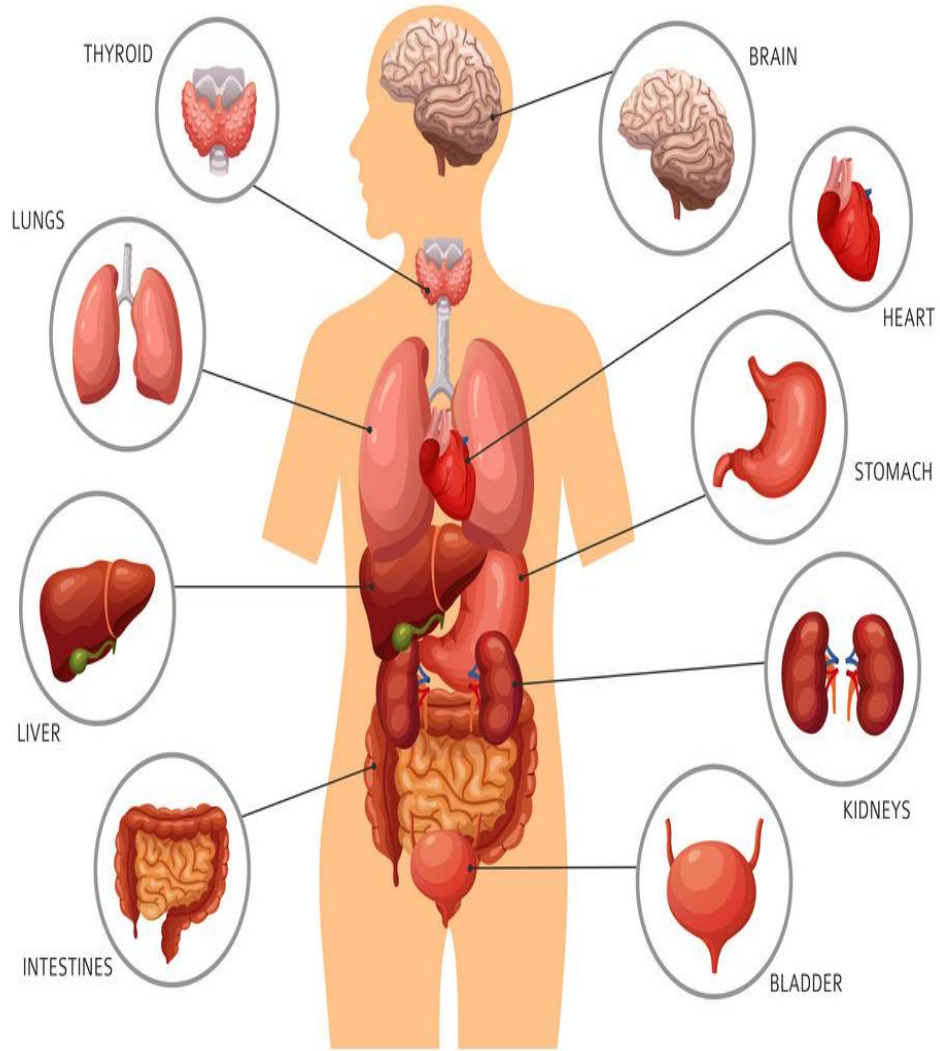
Can you name the largest organ in your body?  
The largest organ in your body is the skin.



# External body parts-



# Internal Body Parts-



## INSIDE MY BODY

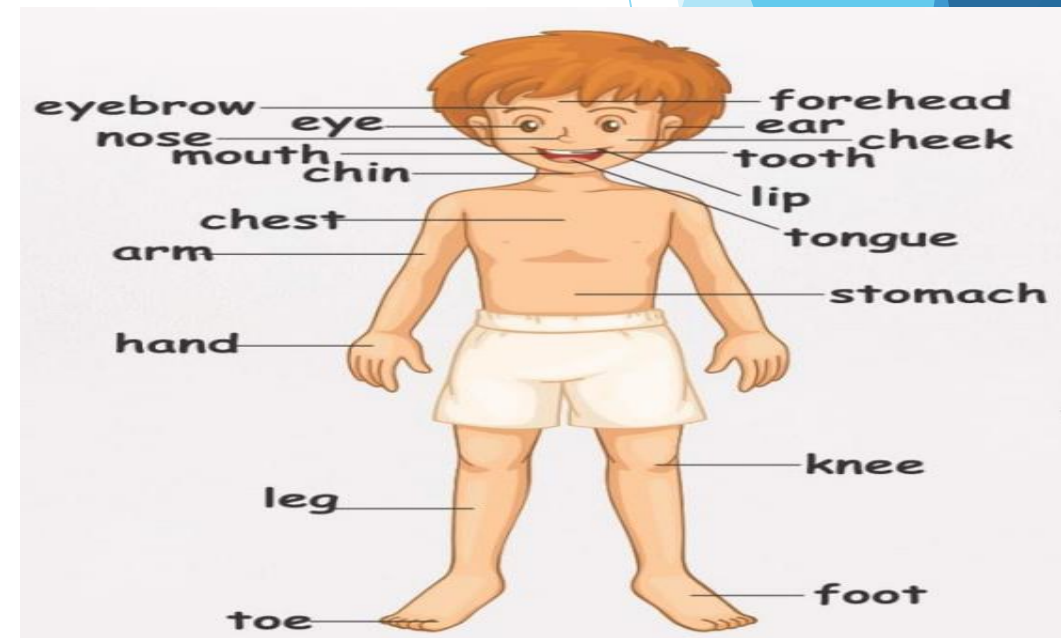


## New Words-

1. Brain
2. Internal
3. External
4. Organs
5. Heart
6. Stomach
7. Breath
8. Machine
9. Lungs
10. Pumps
11. Stethoscope
12. Tongue

## Put [√] for correct and [x] for incorrect statements:-

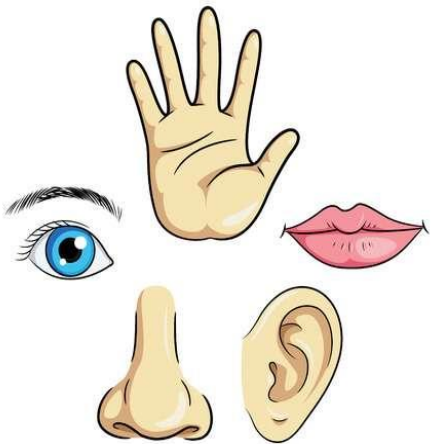
1. Our brain helps us to think. [ √ ]
2. The food we eat goes to my lungs. [ x ]
3. My heart pumps blood to all parts of my body. [ √ ]
4. Our ears help us to smell. [ x ]
5. Our tongue helps us to taste. [ √ ]





\* Fill in the blanks:-

1. I touch with my hands .
2. I see with my eyes .
3. I smell with my nose .
4. I hear with ears .
5. I taste with my tongue .



\* Answer the following questions.

Ques-1 Write the name of sense organs.

Ans -1 Eye, nose, ear, skin, tongue.

Ques-2 What is the sound of heart?

Ans- 2 Lub-dub, lub-dub .

Ques -3 Write the name of external organs.

Ans -3 Head, arms, eyes, legs and tongue.

Ques -4 Write the name of internal organs.

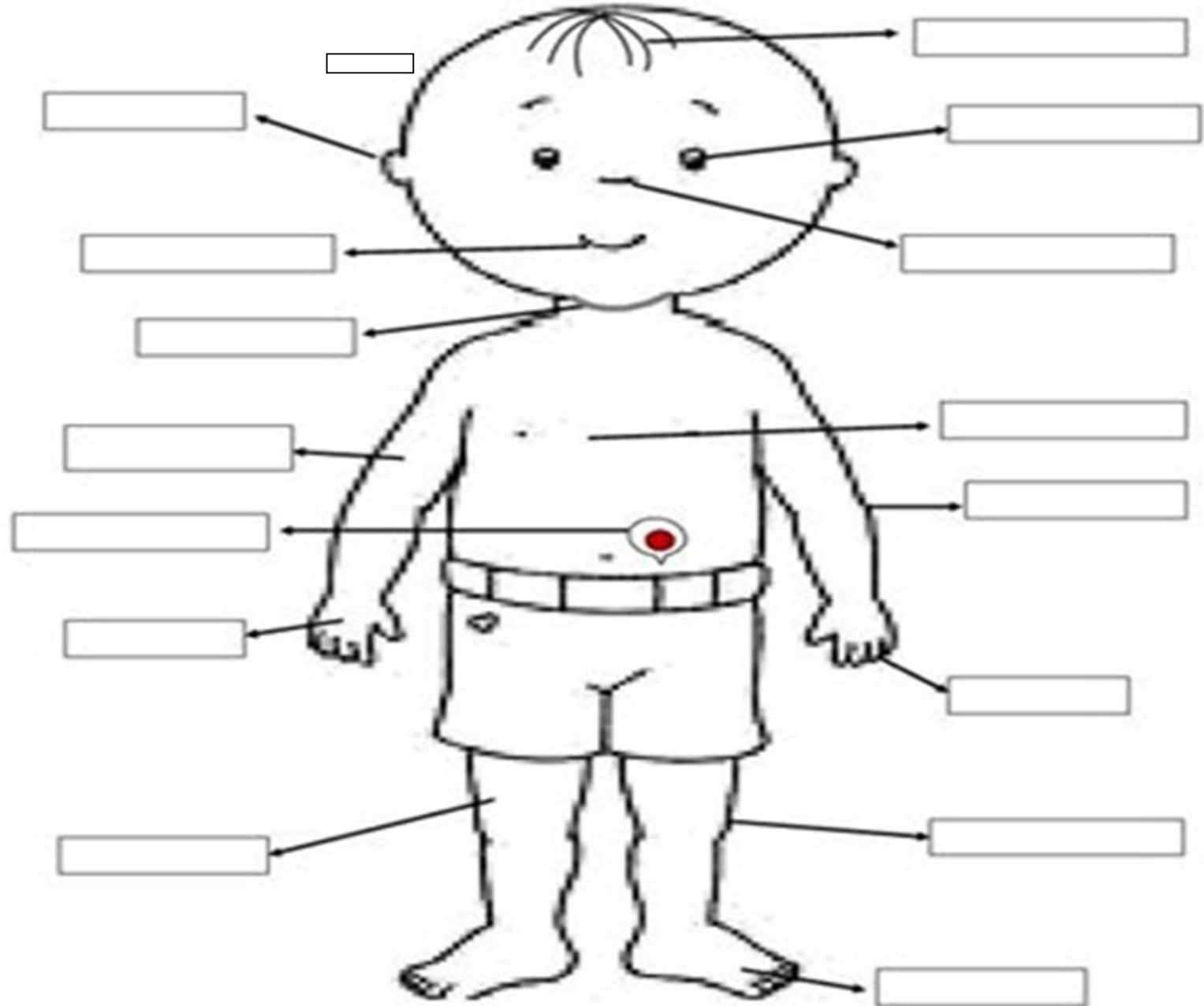
Ans -4 Brain, heart, lungs, stomach.

# BODY PARTS

## Activity -

Write the correct name of body part in the given-

(head, nose, eye, ear, chest, mouth, hand, neck, elbow, stomach, finger, arm leg, knee, foot),



**\*Activity:-** Trace the outline of your palm and label the fingers as { little finger, ring finger, middle finger, index finger, thumb }

