



Student Name					
Date	16/07/2020	Grade	IX	Roll No.	
Subject	English	Marks	50	Teacher's Sign	

## PERIODIC ASSESSMENT 1 – [2020-21]

### GENERAL INSTRUCTION:

The question paper is divided into three sections

**Section A: Reading**

**12 Marks**

**Section B: Advanced Writing Skills**

**20 Marks**

**Section C: Literature and long Reading Text**

**18 Marks**

**1 Read the following passage carefully and answer the following questions: [12 Marks]**

1. Every time a child takes a soft drink, he's laying the ground work for a dangerous bone disease. No, fizzy and sugary drinks don't cause Osteoporosis. But, they are often a substitute for a glass of milk, kids are not getting the calcium and vitamin D they need to build a strong skeleton. Many of them also lead a sedentary life style, they aren't getting the bone building benefits for vigorous exercise either. These children aren't just in jeopardy for brittle bones and fractures decade down the road. They could be at risk of osteoporosis at a younger age than ever before.
2. The Indian society for Bone and Mineral Research, a body of Osteoporosis experts, is trying to spread awareness about this bone Crippling disease. Osteoporosis starts in childhood but has consequences later in life. The condition causes bones to become riddled with holes, like the frame work of a house that has been attacked by termites. That can lead to broken bones, which in turn can cause deformity, chronic pain or disability. Osteoporosis can be fatal: up to 25% of older people who suffer a broken hip die within a year. Osteoporosis isn't just your grandmother's health threat. Although it strikes over 50 million women in India, it also menaces over 12 million Men. Osteoporosis causes loss of height, pain in joints and back, fractures, and can be very depressing. So it is important that we adopt preventive measures, to save millions of people.
3. There is a new medical understanding of the best ways to protect ourselves and our children. "Simple lifestyle changes and nutrition will help save your bones," says Dr. Mittal. He says" it is never too late to adopt bone –friendly habits – exercise, get enough sunlight, have adequate calcium. This way, we can keep our bones healthy and prevent osteoporosis."

**On the basis of your reading the passage answer the following very short answer questions.**

**[8 Marks]**

1. What do calcium and vitamin D do to the skeleton?
2. What causes osteoporosis in children?
3. What should children do to avoid osteoporosis?
4. What can osteoporosis lead to .?

**Answer the following questions in one sentence:**

**[4Marks]**

5. "Osteoporosis can be fatal" what does it mean?
6. What is emotional effect of osteoporosis .?
7. What should we do when we know that osteoporosis is depressing.?
8. Find out the opposite in meaning of Sickly from para 3

**Section B Grammar and writing**

**[20 Marks]**

**2 You are Nancy / Nanak. Write an article an article in about 100-120 words on the importance of a forestation and maintaining a green cover to prevent pollution and global warming . Use your own ideas and the hints given below. [4 Marks]**

- Stops soil erosion
- Attracts rains
- Checks warnings of the atmosphere
- Provides life giving oxygen
- Effective contribution made by “Chipko Movement”

**3 Your school is organising a seven-day trip to Darjeeling for the students of class IX & X . As the monitor of your class, write a notice to be put up on the class bulletin board inviting interested students to register their names latest by the 6th of September. [4 Marks]**

**4 Rearrange any 2 of the following words or phrases into meaningful sentences [2 Marks]**

- a) is / the/ it /cause/root/many/ of /problem/health
- b) helps/ meditation/ release/stress
- c) the/Indian/English/exploited/the/farmers

**5 Write a story in 200 – 250 words, with the help of the clues given below. Give suitable title to the story**

Going to Mumbai by train to attend the marriage of a friend..... Got stuck in a traffic jam..... Reached the railway station late..... boarded a wrong train..... realized after two hours..... now you..... [10 Marks]

**Section C Language**

**[18 Marks]**

**5 A) Read the following lines and answer any 2 questions that follows:**

**“Then took the other, just as fair,  
And having perhaps the better claim  
Because it was grassy and wanted wear;  
Though as far that the passing there  
Had worn them really about the same..** [2 Marks]

- a) Why did the poet take the other road?
- b) What did the poet discover while travelling on the other road?
- c) Find a word from the passage that is opposite to foul?

**6) Answer the following questions in 30 to 40 words. [10 Marks]**

- a) Who had brought Shehnai to the classical stage? What was he honoured with?
- b) Why did Margie find the book strange?
- c) Why was Evelyn nervous while going to Royal Academy of Music?
- d) Where did the child go with his parents? What did he want there?
- e) Why did grandfather hide Toto for some time when he brought him home?

**7) Answer any one of the following questions in 120- 150 words. [6 Marks]**

- a) Compare the attitude of the child before and after his separation from the parents.
  - b) Describe the incident at Dehradun railway station after reading the story.
  - c) How was Margie' school different from the school that existed hundreds of years ago?
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