



**पुर्णा International School**

Shree Swaminarayan Gurukul, Zundal

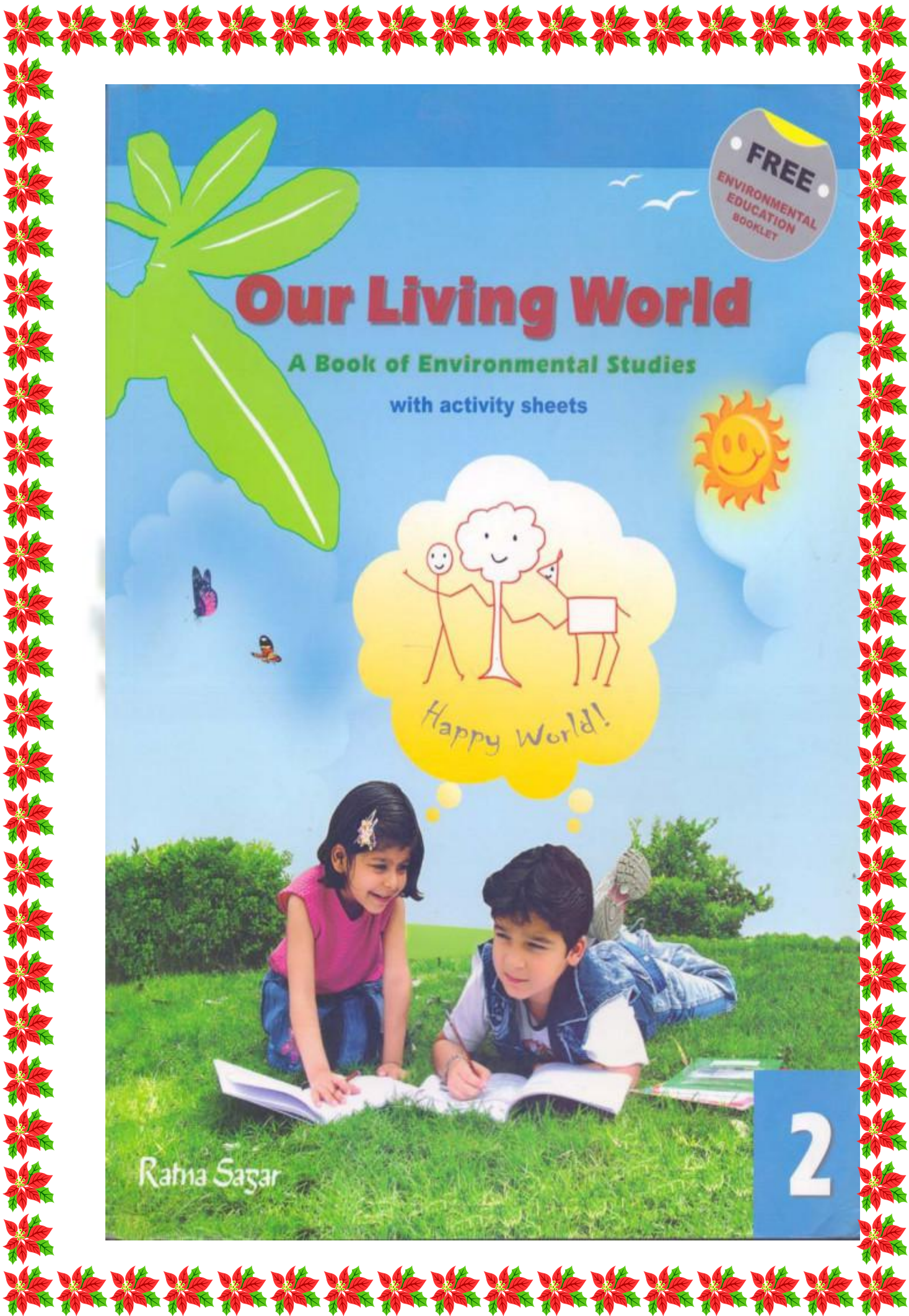
**Class -II**

**EVS**

**Specimen Copy**

**Year- 2020-21**





**FREE**  
ENVIRONMENTAL  
EDUCATION  
BOOKLET

# Our Living World

A Book of Environmental Studies

with activity sheets



Ratna Sagar

2

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## Chap- 5

### Food for us

#### \* New Words:-

- 1- Healthy
- 2- Strong
- 3- Grow
- 4- Fruits
- 5- Vegetables
- 6- Raw
- 7- Cooked
- 8- Food grains
- 9- Cereals
- 10- Pulses
- 11- Breakfast
- 12- Lunch
- 13- Dinner



#### \* Fill in the blanks:-

- 1- We eat food when we are hungry.
- 2- We drink water when we thirsty.
- 3- Food help us grow.
- 4- Food keeps us healthy .
- 5- We get most of our food from plants .

#### \* Answer the following questions:-

Q-1 Write the three examples of cereals.

A-1 Wheat , Rice, Corn .



Q-2 Write the three examples of pulses.

A-2 Dal, Pea, Grams.

Q-3 Why should we eat different kinds of food?

A-3 To grow strong and healthy.

Q-4 Name three meals of the day?

A-4 I) Breakfast II) Lunch III) Dinner

**\* Write five good food habits:-**

- 1- Wash your hands with soap before and after use.
- 2- Chew your food well.
- 3- Do not speak or laugh with food in your mouth.
- 4- Eat clean and fresh food to stay healthy.
- 5- Rinse your mouth with water after eating.

<https://www.youtube.com/watch?v=2bs4eVvZTFU>

<https://www.youtube.com/watch?v=9YiJj10yqp0>

**\* Activity:- Guess the name of the fruit and draw the picture.**

1- I am the king of fruits. I am MANGO.



2- I am red, sweet and juicy. I am APPLE.



## Chap -6 Tools we use

### \* New Words:-

- 1-Hammer
- 2-Saw
- 3-Tools
- 4-Opener
- 5-Pliers
- 6-Plough
- 7-Scissors
- 8-Electrician
- 9-Knife
- 10-Careful
- 11-Carpenter
- 12-Farmer



### \* Match the following:-

- |                |   |   |         |
|----------------|---|---|---------|
| 1- Tailor      | ← | → | Rajor   |
| 2- Barber      | ← | → | Plough  |
| 3- Farmer      | ← | → | Scissor |
| 4- Carpenter   | ← | → | Pliers  |
| 5- Electrician | ← | → | Spade   |
| 6- Gardner     | ← | → | Saw     |



**\*Fill in the blanks:-**

- 1 - Tools make our work easy .
- 2 - We can get hurt if we are not careful.
- 3- A farmer uses a plough in his field.
- 4- An electrician uses a pair of pliers to cut wires.
- 5- A bottle opener is a tool.

<https://www.youtube.com/watch?v=5dCe6kWYFvk>

[https://www.youtube.com/watch?v=GwcvYv\\_Tu3o](https://www.youtube.com/watch?v=GwcvYv_Tu3o)

**\* Activity:- Draw the different kinds of tools.**



## Chap- 7

### Healthy Habits

**\* New Words:-**

- 1- Clean
- 2- Hanky
- 3- Drink
- 4- Healthy
- 5- Cough
- 6- Sneeze
- 7- Habits
- 8- Bath
- 9- Nails
- 10- Trim
- 11- Tidy
- 12- Garbage



**\* Write five good habits:-**

- 1- Do not waste food.
- 2- Do not waste water.
- 3- Obey traffic rules
- 4- Throw waste in a dustbin.
- 5- Share things with others.

**\* Draw a 😊 if it good habit and ☹️ for a bad habit.**

- 1- I flush the toilet after use. 😊 ☹️
- 2- I sleep late and wake up late. ☹️
- 3- I play on the road. ☹️

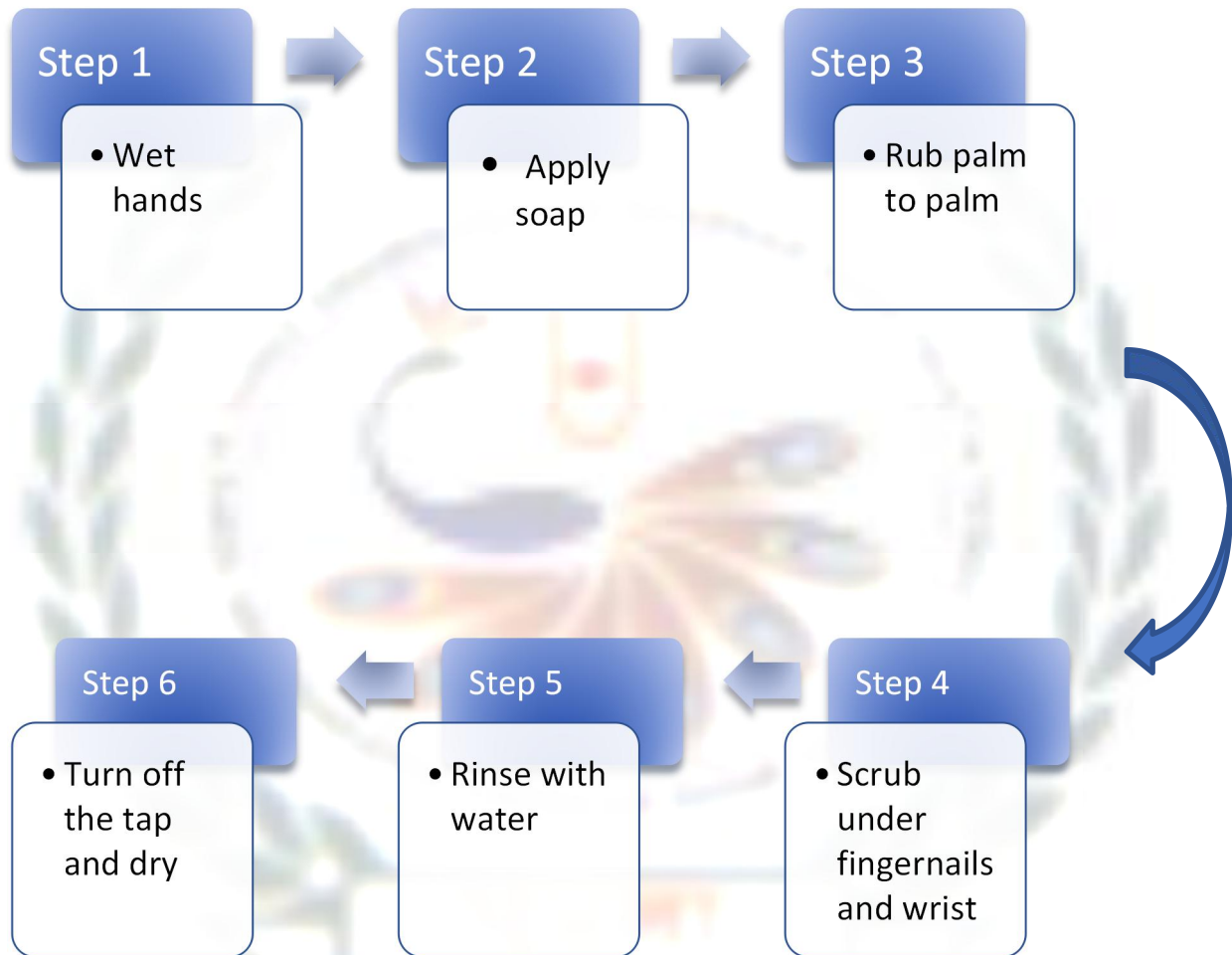


4- I keep my toys and books in their right place. 😊

5- I wear a clean uniform to school. 😊

[https://www.youtube.com/watch?v=KR\\_bWqlrqwg](https://www.youtube.com/watch?v=KR_bWqlrqwg)

**\* Class activity :- How you should wash your hands.**



**\* Activity:- Draw the clock and time when I go to sleep and when I wake up.**





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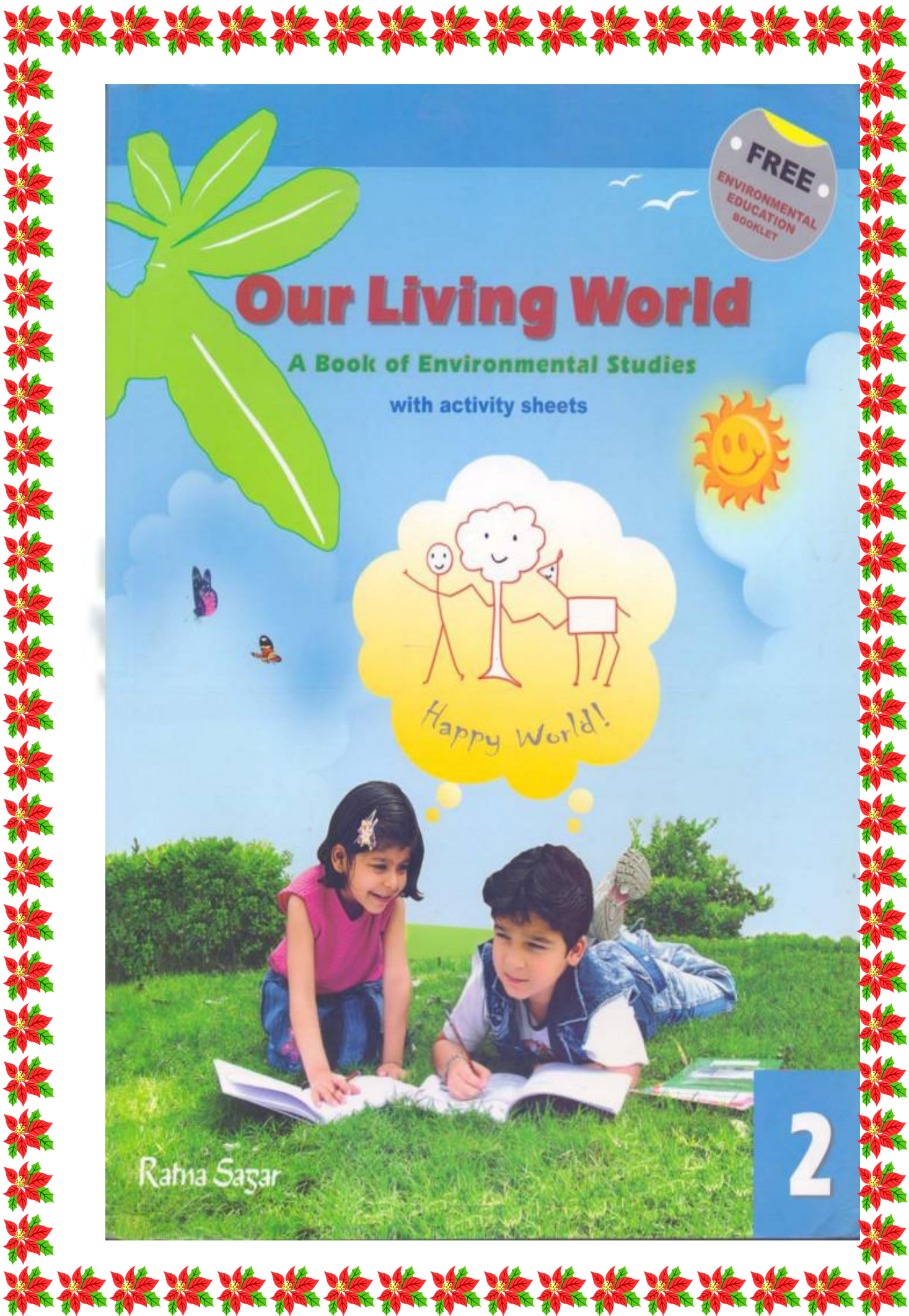
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## Chap - 8

### Our Family

#### \* New Words:-

- 1- Family
- 2- Doctor
- 3- Pilot
- 4- Cousins
- 5- Parents
- 6- Great
- 7- Surname
- 8- Joint
- 9- Shares
- 10- Uncle
- 11- Aunt
- 12- Member



#### \* Write whether the statements are true or false.

- 1- Family members love each other. [True]
- 2- My mother's brother is my cousin. [False]
- 3- My uncle's son is my sibling. [False]
- 4- Pets are also members of a family. [True]
- 5- Me and my sister are siblings. [True]

#### \* Choose the correct answer:-

- 1- Father , mother and children make a small / big family.
- 2- Cousins / friends stay together in a big family.
- 3- Our brother or sister is our siblings / uncle.

4- Our mother's mother is our grandmother / grandfather.

5- Family members should help / fight each other.

\* Activity:- Draw or paste the things you like to do with your family.



<https://www.youtube.com/watch?v=rZycC1e4v5Y>

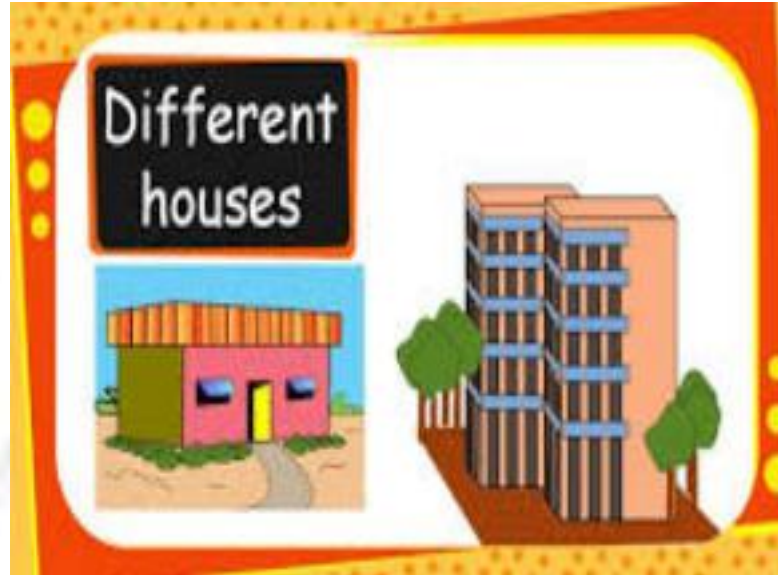


## Chap - 9

### A House to Live in

#### \* New Words:-

- 1-Protect
- 2-Early
- 3-Need
- 4-Safe
- 5-Caves
- 6-Straw
- 7-Kachcha
- 8-Pucca
- 9-Disease
- 10-Architect
- 11-Temporary
- 12-Permanent



#### \* Match the followings:-

- |                                       |   |               |
|---------------------------------------|---|---------------|
| 1- House on wheels                    | → | Houseboat     |
| 2- House of snow                      | → | Pucca House   |
| 3- House on water                     | → | Tent          |
| 4- House made of cloth                | → | Kutchha house |
| 5- House made of bricks               | → | Igloo         |
| 6- House made up of straw, grass etc. | → | Caravan       |

#### \* Explain the types of houses:-

##### Kachcha house:-

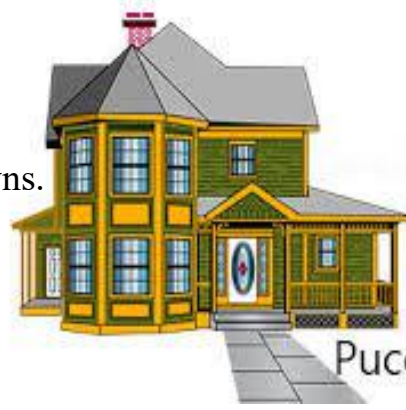
- They are found in villages, town, and big cities.
- They are made up of mud, straw and leaves.



- They also known as temporary house.

**Pucca house:-**

- They are found in villages, cities and towns.
- They are made up of bricks, and cement.
- They are known as permanent houses.



Pucca Houses

**\*Activity:- Draw / paste the picture of Hut and Tent house.**



Tent



<https://www.youtube.com/watch?v=fA905xGxqGU>

<https://www.youtube.com/watch?v=UuiwZ5hAFL8>



## Chap - 10

### I Love Festival

#### \*New Words:-

- 1- Festival
- 2- Celebrate
- 3- Sweets
- 4- Worship
- 5- Harvest
- 6- Struggle
- 7- Freedom
- 8- Country
- 9- Christmas
- 10- Special
- 11- Fasting
- 12- Candles



#### \* Fill in the blanks:-

- 1- Pongal is the harvest festival of Tamil Nadu.
- 2- Diwali is the festival of light.
- 3- Guru Nanak's birthday is celebrated as Guru Nanak jayanti.
- 4- Eid means festival.
- 5- Independence Day is celebrated on 15<sup>th</sup> August.



**\* Answer the following questions:-**

Q-1 In India, when do we celebrate children's Day?

A-1 On 14<sup>th</sup> November.

Q-2 What is Onam?

A-2 Onam is the colourful harvest festival of Kerala.

Q-3 Write the name of some important festivals are celebrated in our country.

A-3 Pongal, Guru Nanak Jayanti, Diwali, Id and Christmas .

<https://www.youtube.com/watch?v=SAigjoID-1E>

**\* Activity:- Make a festival greeting card. Decorate the card with stickers and colours.**

